

## AMENDMENTS TO THE CLAIMS

1. (Currently amended) A method for preparing a food product or a cosmetic product comprising an oil having a high stearic acid and a high oleic acid content, comprising incorporating into the food product or cosmetic product ~~Use of an~~ oil having an oleic acid content of more than 40 wt% and a stearic acid content of more than 12 wt% based on the total fatty acid content of said oil, and wherein a maximum of 10 wt% of the fatty acid groups in the ~~sn-2~~ stereospecifically numbered-2 position of the triacylglycerol TAG molecules constituting the oil are saturated fatty acid groups ~~in a food product or cosmetic product~~.

2. (Currently amended) ~~Use as claimed in~~ The method of claim 1, wherein the oil is a sunflower oil.

3. (Currently amended) ~~Use as claimed in~~ The method of claim 1, wherein the food product is selected from the group of spreads, sauces, ice-cream, soups, bakery products and confectionery products.

4. (Currently amended) ~~Use as claimed in~~ The method of claim 1, wherein the food product is a spread in which the sunflower oil is used as a hardstock at a level of 5 to 20 wt%.

5. (Currently amended) ~~Use as claimed in~~ The method of claim 1, wherein the cosmetic product is selected from the group of creams, lotions, lipsticks, soap bars and skin or hair oils.

6. (Currently amended) Food product comprising an oil having an oleic acid content of more than 40 wt% and a stearic acid content of more than 12 wt% based on the total fatty acid said oil, and wherein a maximum of 10 wt% of the fatty acid groups in the ~~sn-2~~ stereospecifically numbered-2 position of the TAG triacylglycerol molecules constituting the oil are saturated fatty acid groups.

7. (Original) Food product as claimed in claim 6, wherein 30 said oil is a sunflower oil.

8. (Previously presented) Food product as claimed in claim 6 selected from the group of spreads, sauces, ice-cream, soups, bakery products and confectionery products.

9. (Previously presented) Food product according to claim 8, being a spread in which the oil is a sunflower oil and is used as a hardstock at a level of 5 to 20 wt%.

10. (Currently amended) Cosmetic product comprising an oil having an oleic acid content of more than 40 wt% and a stearic acid content of more than 12 wt% based on the total fatty acid content of said oil, and wherein a maximum of 10 wt% of the fatty acid groups in the ~~sn-2~~ stereospecifically numbered-2 position of the ~~TAG~~ triacylglycerol molecules constituting the oil are saturated fatty acid groups.

11. (Original) Cosmetic product as claimed in claim 10, wherein the oil is a sunflower oil.

12. (Previously presented) Cosmetic product as claimed in claim 10 selected from the group of creams, lotions, lipsticks, soap bars and skin or hair oils.